

# You're their lifeguard - Keep your Child safe at the pool this summer!



Over the Summer School holidays many families will be enjoying all the fun and excitement local swimming pools have to offer.

Water Safety NZ and NZ Recreation Association would like to remind families about the Pool Alone policy that public pools in New Zealand are required to adhere to:

**Children under 8 must be actively supervised by a caregiver 16 years or over.**

**Actively supervised means watching your child at all times; Able to provide immediate assistance\***

Lifeguards are an important safety feature, but they are not intended to replace the close supervision of parents or caregivers.

Tragically many drowning deaths occur in the few seconds that parents are distracted. The role of a lifeguard is to ensure people are safe in the water - they are not babysitters.

Remembering this when you take your family for a swim will help our pools to remain safe and fun places for everyone to enjoy.

*\*Please note that some pools have a stricter policy than the one above*

